



Systemic Constellation Workshops Business and Family

Suzanne will facilitate a workshop looking at personal or work issues that you may be experiencing. These workshops are confidential, safe and nurturing, providing insight to current difficulties you may be experiencing. This approach only requires the person feeling the tension to be at the workshop: not the whole family or organisation.

Do you need help to

- **Change old patterns?**
- **Get insight to current issues?**
- **Move forward with new perspectives?**

Systemic Constellations are a method for revealing and re-aligning hidden loyalties in family, business, or other kinds of tightly bonded groups. Essentially, you have taken on, often without being aware of it, “assignments” to function in a certain way in the groups you belong to—especially in your family. Yet often these assignments are in conflict with your personal health or fulfillment. They serve as anchors — unseen sticking points — that prevent positive change.

Constellations make these anchors visible. They provide the means to increase not only your personal well-being, but also that of your family or business as a whole.

Suzanne Butz is a qualified psychotherapist who facilitates workshops as well as working privately with individuals, couples and families. She brings a respectful holistic approach to empower people within their life.

Workshop: Saturday 10 March 2012

Venue: Rm3, Kazcare, Kirkham Rd, Bowral NSW
Investment: \$150 for the day
Early Bird (paid in full by 20 February 2012): \$135
Bookings: 0412 555 141 or 02 4869 4659
Facilitator: Suzanne Butz (psychotherapist)

**Bookings Essential and \$50 deposit required to confirm your place
(numbers will be limited to 20 maximum in this workshop)**

Morning and Afternoon tea will be provided

For more information on Constellations see:

<http://www.suzannebutz.com.au/constellation.html>

<http://www.isca-network.org/>

http://en.wikipedia.org/wiki/Family_Constellations